



GARETH SMITH | PUBS & RESTAURANTS | 10 SERVINGS

"OLD SCHOOL" WILD MUSHROOMS ON TOAST



INGREDIENTS

FOR THE WILD MUSHROOMS

750g Mixed wild mushrooms

500g Maitake

200g Shallots, finely diced

50g Flat leaf parsley, finely sliced

50g Knorr Professional Vegetable Paste Bouillon

125g Butter

100ml Vegetable oil

400ml Double cream

50g Knorr Professional Garlic Puree

150g Pine nuts

120g Watercress

TO SERVE

120g Watercress

100g Crispy onions

800g Potato skin sourdough, sliced

METHOD

FOR THE WILD MUSHROOMS:

- Wash and pat dry the mushrooms to ensure they are free of dirt and any grit.
- Cut them into large pieces.
- Then place a pan on a high heat add the oil and start to fry the mushrooms, splitting down the mix so you don't overload the pan, once coloured add all the mushrooms back into one pan.
- Then add in the shallots, KNORR Professional Vegetable Paste Bouillon and garlic puree then fry for a further 2 or 3 minutes until the shallots are soft.
- Add in the cream and reduce by half, then slowly add in the cold butter to thicken the sauce.
- Just before finishing fold in the watercress until it wilts, then the pine nuts and flat leaf parsley.
- · Check the seasoning.

TO SERVE:

- Butter the bread then toast, until golden on both sides.
- · Spoon out the creamy mushrooms on top.
- Then finish with some watercress and crispy onions.