



PRESTON WALKER | ELDERLY CARE | 10 SERVINGS

PORK & CHORIZO RISSOLES



INGREDIENTS

FOR THE RISSOLES

500g Pork mince

200g Chorizo, diced

200g Onion, diced

10g Knorr Professional Garlic Puree

75g Breadcrumbs

1no. Egg

15g Knorr Professional Beef Bouillon Paste

FOR THE COATING

100g Eggs (beaten) 100g Plain flour 100g Breadcrumbs

METHOD

FOR THE RISSOLES:

- In a pan fry the onion and chorizo for 3-4 minutes until softened.
- Remove from heat and set aside to cool.
- In a bowl combine the pork mince, KNORR Professional Beef Paste Bouillon, Garlic puree, breadcrumbs and the egg. Then fold in the cooked onion and chorizo mixture.
- Shape the mix into 10 equal patties and return to the fridge to chill.

FOR THE COATING:

- To coat the rissoles, dip in the flour, then the egg and a final coat of breadcrumbs.
- Deep fry at 170°C until golden brown and cooked through.

TO SERVE:

• Plate up your rissoles with some pea mash, roasted cherry tomatoes and a balsamic glaze.



Chef tips For a more traditional flavour try substituting the chorizo sausage for mushroom.